ABSTRACT

The human microbiome plays a crucial role in health and disease conditions. These microbiomes constitute a structured, coordinated microbial network throughout the human body. The oral cavity harbors one of the extensively diverse bacteria in the human system. Although many studies emphasize bacteriome and its interaction with the host system, very little attention is given to candidate phyla radiation (CPR), fungal components, and its interkingdom interaction in the oral microecology even with advanced techniques. The interkingdom interactions among caries causing microbes trigger the pathogenesis of bacterial diseases and cause ecological shifts and affect the host system. Studying the complex relations among the diverse oral microbiome and its host, especially CPR phyla and fungi, would give a holistic view of the caries etiology. This review provides evidence on the interkingdom interaction that establishes a complex community that could help predict future oral and systemic diseases.

Introduction

Metagenomic analysis through high-throughput sequencing technologies has revolutionized the study of the human microbiome, especially the oral system. To date, 700 species or phylotypes of microbes were reported to harbor the oral microbiome. Site-specific microbial profiling has demonstrated that microecological nature at different sites like the teeth, tongue, buccal mucosa, hard and soft palate inhabits distinct microbial communities. Colonization of the microbes is mediated by surface nature for microbial adherence, oxygen availability, host defense, pH, temperature, nature of food intake and salivary flow. The oral microbiome exhibits a complex interdependent taxonomic community that plays a crucial role in an individual's health. The communication among microbes, such as direct cell to cell interaction via chemical signals and metabolic cooperation, leads to biofilm formation. Shift in the microecological balance due to microbiome dysbiosis because of high sugar-rich dietary intake enhances the exopolysaccharide production via quorum sensing signals mediating a strong architectural biofilm formation that leads to caries. Analysis of the caries microbiome revealed that 70% of the diversity belongs to the high abundant core microbiome. The less abundant species contribute to greater diversity that was found to be site-specific, termed as 'rare-biosphere'. A decade of studies on the caries microbiome focused mainly on bacteriome and recently on mycobiome; however, there is still no emphasis on the interkingdom interactions.
The cross-kingdom synergies are involved in the pathogenesis of both mucosal and dental diseases\(^1\). Complex physical and chemical interactions (including cross-feeding and metabolites exchange), as well as environmental and host factors, govern the development of pathogenic bacterial-fungal biofilms\(^12\). Such formed biofilm provides spatial organization for other bacteria, virulence, and drug protection or resistance that results in recurrence\(^13,14\). It is of rising interest in current caries research that how this interkingdom interaction under a specific niche shifts the healthy symbiosis to dysbiosis and how it helps to persist any treatment methods leading to disease. The oral cavity’s microbiome is an essential source in many oral and systemic diseases\(^15,16\). A study on the recurrence of disease in denture stomatitis, lungs of cystic fibrosis and immunocompromised patients, recurrent bowel disease, infections of burn wounds reports the shift in microecology due to interkingdom interactions\(^17,18\). Additionally, not much is known about the spectrum of the bacteriome ecological relationships with mycobionte and CRP phyla and its host. This review summarizes recent work to elucidate the oral microbiome’s ecological shifts due to interkingdom interactions, focusing on bacteria, fungi and CRP phyla.

**Human Oral Microbiome**

Oral microbiota, oral microflora, or oral microbiome is termed to denote microorganisms’ conglomerate in the human oral cavity. Microbiota refers to the interacting microbes in any given environmental conditions, while microflora used to differentiate a sub-group of organisms from the whole microbiota. In contrast, the term microbiome refers to the microorganism, its genetic material and its contribution to the human’s health. The word microbiome was coined by Joshua Lederberg to elucidate the ecological community of mutualistic, symbiotic, and pathogenic microorganisms in our body. The term has been integrated by the Human Microbiome Project and investigators to comprehend human health and disease\(^19\).

The oral cavity is one of the profoundly occupied colonies in the human body. The current human oral microbiome encompasses heterogeneous microbial communities composed of few hundreds of bacterial species - belonging to the Actinobacteria, Bacteroidetes, Firmicutes, and Proteobacteria\(^3\) and few fungal species, principally Candida, Cladosporium, Aureobasidium, Saccharomycetales, Aspergillus and Fusarium\(^18\). The oral microbiome is still investigated upon for its potential effects on human lifestyle, disease-causing / prevention and on oral hygiene\(^20,21\). Enduring host-microbiome relationships are established on adaptive strategies within an ecological niche. So, explorations are intended at establishing the mechanisms of interactions between the microbiome and humans\(^22\). The scientific community is beginning to recognize that the acquirement process of the wide-ranging species assimilating the ‘normal’ and beneficial microbiome is an essential process for oral health, but it is still not completely obvious how and when it happens and how it is regulated\(^23\).

**Composition of the Oral Microbiome**

Ever since the Human Microbiome Project (2007) was launched, a flux of research paved the way to the exploration, identification, and thorough analysis of numerous microorganisms of which the commonest was explicatory of the role of the microbiome in disease pathology. Several works and research have intended to ascertain the dysbiosis connected with diseases rather than focusing on the microbiome states and characters and activities related to human health. Because ‘healthy’ microbiomes are for better health, it is certainly indispensable for us to identify, group, characterize, and define the microbiomes of health and harness their potential in commensals’ therapeutics.

**Viruses:** A wide range of pathogenic viruses could be located in the oral cavity. Contagious pathogens that are transmitted via the salivary juices are located in the oral cavity of infected persons. Bloodborne viruses and respiratory infection causing viruses are also harbored in the oral cavity. An oral virome study by Pride et al.\(^24\) portrayed the homology of the identified order to be bacteriophages which is not a startling result due to the density of bacterial population in the oral cavity.

**Protozoa:** As part of the normal microbiome, protozoans like *Entamoeba gingivalis* and *Trichomonas tenax* are recognized in healthy individuals. These organisms breed in poor oral hygienic conditions. Currently categorized as harmless saprophytes, these organisms can change into potential pathogens leading to diseased circumstances\(^25\).

**Fungi:** The basal oral microbiome had 74 culturable and 11 non-culturable fungal genera in fit humans\(^18\). *Candida* was the most popular species, and moreover, were a cluster of fungal species reported, including *S.cerevisiae*, *Penicillium*, *Geotrichum*, *Aspergillus*, *Scopulariopsis*, *Hemispora*, *Hormodendrum*. Fungal species distribution is diverse phenomenally in the oral cavity between healthy individuals. *Aspergillus*, *Fusarium*, and *Cryptococcus* isolates were witnessed in the oral cavity of healthy humans. Such studies show that the other microbial species could have an internal ecosystem that limits the fungal genera’s pathogenicity in healthy persons in the oral microbiome and the immune systems of the healthy persons\(^19\).

**Archaea:** Archaea are well-noticed constituents of the human microbiome. However, these microbial species are largely under-represented when compared to the larger diversity of bacterial taxa. *Methanobrevibacter oralis* thrives in various niches within the oral cavity\(^26\).
Bacteria: Due to limitations in the methods to elucidate the microbiome, fewer bacteria have been identified and characterized from the oral cavity of a healthy individual. The oral bacterial community of healthy humans is controlled by Firmicutes, Bacteroidetes, Proteobacteria, Actinobacteria, Spirochaetes, and Fusobacteria, which account for 96% of species detected to date. Species wise, Streptococcus, Neisseria spp, Bacillus spp., Rothia spp during diseased conditions Granulicatella species during both diseased and healthy environments are mainly seen.

Adult and Childhood Caries

Across the globe, dental caries are considered a chronic condition in people of all ages. Some caries are treated at early stages. However, the unidentified, untreated or ignored caries lead to pain and infections that spread intensively, culminating with intensive treatments and cure. The occurrence of carbohydrates and biofilms in the oral cavity and teeth supports the metabolism of microorganisms. The metabolic process marks the discharge of acidic by-products, which dissolve the hydroxyapatite constituents of the enamel, dentin and cementum. This demineralization points to cavities on the tooth surface. As days proceed, it becomes hard to eliminate the sturdy biofilms on the cavitated surfaces, thereby augmenting the multiplication of microbes in the environment. Be it in adults or children, the dentition process pints to rapid progression of caries and hence restorative dentistry is always recommended. Nevertheless, in the early stages of dental caries, our body has a repair mechanism for the demineralization in the cavities, and this process is termed as remineralization. Remineralization occurs when the minerals in the saliva disperse to the porous surfaces, and the natural restoration begins. Whether a lesion will progress, continue to remain the same, or reverse is decided by the balance between protective factors and pathological factors, which is termed as the ‘caries balance’.

Studies expose that neonatal factors increase the risk of caries acquisition at an early age due to the transmission of S.mutans. It is hypothesized and studied that infants delivered by caesarean section obtain the infection than the vaginally delivered infants. Systemic reviews propose that dental caries is affected by several factors, including good oral hygiene, socioeconomic status, poverty, deprivation, non-carcinogenic diets, and ethnicity.

Many effective strategies are existing to thwart and treat caries in adults and children. ‘Active surveillance’ is a term that is keenly used to elucidate the observation of caries in children and adults. The dentists propose disease management plans based on the patient’s individual factors. Some of the active surveillance strategies include brushing twice daily with toothpaste containing fluoride – which results in enhancing the remineralization process, making alterations in the intake of sugars, flossing actively for adults, etc., are definitely noted strategies in caries management and prevention.

Authenticating the effectiveness of fluoride in preventing/managing dental caries among adults is important. On a population basis, caries fetches a more significant health problem among adults, especially older adults, since they are more likely to retain their natural teeth than in preceding generations. Reviews suggest that behaviour modification is effective in managing caries; however, bringing in a behavioural change is extremely challenging. Efforts for an engagement at the community, family, and individual level, based on delivery of information and skill training, have had diverse results to date. A remarkable finding by Griffin et al. was the several modes of fluoride delivery among adults and their similarity to findings in children. One probable reason for the lack of preventive programs for adults may be the lack of evidence on their effectiveness for this population.

Techniques Used in the Identification of Oral Microbiome

A range of traditional strategies was utilized to study the oral microbiome composition, comprising microscopy, cultural analysis, enzymatic assays, and immunoassays. Preceding researches have characterized the oral microbiome of historic European cultures. Outcomes have proven that changes in nutritional conduct related to specific time intervals affect the human oral microbiome’s structure and function. Pre-Columbian cultures also had a substantial impact on cutting-edge western societies, and characterization in their oral microbiome may furthermore provide insights into the ancestral state of the human oral microbiome for the duration of a part of human history. Modern molecular taxonomic approaches, particularly the ability to rapidly obtain large numbers of 16S ribosomal DNA sequences, have shown the path for exhaustive oral microflora surveys.

Several oral bacteria are fastidious and slow-growing, calling for very complex growth media and incubation conditions. Few are strict anaerobes, and henceforth in vivo cultural analysis of samples is hard and only permits for the processing of trifling sample numbers. Discerning bacteriological media have confirmed only a few interest species valuable for studies, while the others remain undetected. Figure 1 expounds on the identification methods of microbes over a period of time. Over the past 15 years, through numerous oral microbiologists’ collaborative endeavours, 68% of oral bacterial species inside the mouth have been cultured. This differentiates with a long way to reduce the probability of microorganisms cultured from the skin or gut microflora. When a bacterium is cultured, it can be characterized completely, used in in vivo and in vitro experiments, handled by culling out or swapping genes, and officially named. The use of ribosomal RNA
transcribed genes without independently culturing the microorganisms. Researchers have studied the density and distribution of antibiotic protein in human oral and stool microbiome datasets using a specially constructed profile Hidden Markov Model (HMM)\textsuperscript{51}. Such methods are, to date, still impeded by technical challenges but offer ample opportunities to further our knowledge of the collective genome of the oral microbiome and its future metabolic actions.

Oral bacteria typically live as part of a multispecies community in thickly populated biofilms. There are many gradients of nutrients within the biofilm, signaling molecules and gases occurring due to the diffusion patterns of these substances and neighboring bacteria’s metabolic activity. For individual cells and groups of cells, they can vary markedly\textsuperscript{52,53}. Culture-independent methods have thrown light on the microbiome’s diversity, but to elucidate the microbes’ characters and constraints, they are grown in culture. Currently, new approaches are being resorted to growing the uncultivable microbes in the lab. Siderophores, scaffolds, and other biometrics focus to be applied as a substratum for developing these novel strains\textsuperscript{54}. Few isolates depend on ‘helper strains’ for thriving culture, implying their dependency on quorum-sensing and nutritional and/or signaling interactions with other bacteria within the biofilm community that they naturally inhabit. The application of such novel culturing methods reinforced with emerging molecular, bioinformatic techniques and increased computational power will intensify the oral microbiome’s understanding and give information to devise interventional approaches to target the diseases.

Ecology of Oral Microbiome

The mouth covers various surface types, including un-keratinized and keratinized gingival epithelium and hard tissues as teeth. Gingival crevicular fluid and saliva, along with several other fluids, also settle in the mouth from time to time. The oral cavity is open to materials from the surroundings, including foodstuffs and debris sampled from items placed within the mouth (fingers, utensils, etc.). So, the prospects of harboring several microorganisms
are very high, leading to the formation of an oral biofilm, which has been studied extensively. The attachment of the microbe initiates the formation of oral biofilm to the host surface. After the attachment, the microbes divide and secrete polymers to form a scaffold to dock multiple microorganisms.

The oral microflora encompasses ecological surface niches or the earlier defined biofilms that evolve in due course of human life: first of all, as microbial populations adhere to mucosal surfaces exceeded on from the parental flora to enamel-adherent populations following the outbreak of the dentitions, and with changes in each supra- and subgingival niche (dental plaque/biofilm). In diseased conditions, there may be a shift inside the equilibrium far from the dynamic, synergistic interaction of these healthy oral microbial populations in the direction of a narrower diversity of healthy populations in opposed interaction with pathologic populations with variable inflammatory host immune responses. The shape and characteristics of the oral microflora (and related microbiome) have been examined in many oral diseases resulting from bacteria, fungi, and viruses (e.g., Periodontal illnesses) and the systemic diseases associated with continual infections (e.g., Diabetes mellitus, cardiovascular disorder, and most cancers).

Interestingly, the interaction of microbiome in the oral cavity with that of gastrointestinal tract has been reported in many systemic diseases such as liver cirrhosis. The striking part of the finding was that the oral microbiome invades and colonizes the gut during disease condition, but no sign of the gut microbiome invading the oral cavity was seen. Many articles have shown that this transmission plays a vital role in colorectal and gastrointestinal cancer risk. The probability of cancer is more in people with the dental disease as oral bacteria activates alcohol and other carcinogens. Furthermore, a detailed study on how presence of oral microbiota in gut can be used as a biomarker for many inflammatory bowel diseases like Crohn’s disease has been published recently. This can take us one step further in having better prognosis for gastrointestinal diseases.

The oral ecosystem is an unstable microbial community that frequently interacts and influences the surrounding factors. The dynamics between the oral environment and the oral microbial community has to be essentially studied practically to understand the colonizing microbes at various sites, the metabolism of the microbes, and the physicochemical factors that impact the harboring of oral microbes in the oral cavity. Factors that influence microbial composition include genetics, host defenses, microbial interactions, receptors used for attachment, temperature, pH of the mouth, oxidation-reduction potential, availability of nutrients and water, acidogenicity, and salivary flow.

The key to oral health is an ecologically stable and varied microbiome that practices commensalism within itself and mutualism with its host. In a healthy oral cavity, an ecological balance exists between the host and the numerous indigenous microorganisms. This relationship allows them to flourish, maintain biodiversity within the oral cavity and keep their host healthy. The interactions can also repress functions of the member species to modulate population growth, biofilm structure, community changes, and spatial organization. The shifts in relationships, proportion and virulence properties of microbes appear to affect one another, and consequently, it is not sure which ecological shift happened first. It is also uncertain what precisely activates the initial ecological shift and, in turn, catalyzes the entire cycle.

The vital factors for starting an ecological shift are poor oral hygiene, compromised immune system and genetics. Genetic factors also play a central role in convincing the immune system formation, which could either enhance beneficiary microbes’ survival or create a physical and physiological environment that aid pathogenic microbes survival. For instance, in the case of humans suffering from hyper-IgE inflammatory syndrome who develop oropharyngeal candidiasis, streptococcus oralis and S. mutans are the most. The oral cavity’s microbiome is an indispensable source in many oral and systemic diseases. Poor oral hygiene is a reason for the accumulation of bacteria within biofilms. When these bacteria do not detach, it results in the formation of plague, and pathogenicity increases, causing dental diseases.

Ecological Shifts in the Oral Microbiome

The key to oral health is an ecologically balanced and diverse microbiome that practices commensalism within itself and mutualism with its host. In a healthy oral cavity, an ecological balance exists between the host and the numerous indigenous microorganisms. This relationship allows them to flourish, maintain biodiversity within the oral cavity and keep their host healthy. The interactions can also repress functions of the member species to modulate population growth, biofilm structure, community changes, and spatial organization. The shifts in relationships, proportion and virulence properties of microbes seem to affect one another, and consequently, it is not sure which ecological shift occurred first. It is also unclear what exactly triggers the initial ecological shift and, in turn, catalyzes the entire cycle.

The crucial factors responsible for initiating an ecological shift are poor oral hygiene, compromised immune system, and genetics. Poor oral hygiene is a cause for the accumulation of bacteria within the biofilms and when these bacteria do not detach, it leads to the formation of plaque, and pathogenicity increases, causing dental
diseases. Genetic factors also play a significant role in inducing the immune system formation, which could either enhance beneficiary microbes' survival or create a physical and physiological environment that aid pathogenic microbes survival. For instance, in case of humans suffering from hyper-IgE inflammatory syndrome who develop oropharyngeal candidiasis, Streptococcus oralis and S. mutans are the most abundant during active fungal infections. Candida albicans was found to be dominant in terms of abundance and ubiquity in the childhood oral microbiome. Interestingly they also found 17 fungal species that were significantly abundant in healthy dentitions, whereas very few were enriched in dental caries in children, suggesting an associated shift in dental biofilm, which makes them less favorable for the survival of many fungi. Candida, along with increased aciduric bacteria, may increase the risk of oropharyngeal candidiasis. Among the phyla studied, Firmicutes and Actinobacteria were the major taxa found in caries affected children.

Interaction among the microbes is mediated by quorum sensing molecules (QSM) to regulate a wide range of behavior patterns among them. The in vitro studies reveal that more studies on quorum sensing will help us understand the basic machinery of cell-cell signaling in microbial communities. The free-floating microbiomes end up having high levels of metabolic by-products and other secondary metabolites, which also contain quorum sensing molecules. These QSM function through the secretion and detection of autoinducer molecules that accumulate based on cell density. When the AI molecules increase in number, the bacterial receptors are activated, leading to signal transduction cascade resulting from which specific genetic set up is switched on in the planktonic or the floating biofilms. Quorum sensing is widely employed by a variety of gram-positive and gram-negative bacterial species to coordinate communal behavior.

Bacteria Fungal Interaction

Oral bacteria and fungi have a wide array of interactions ranging from synergistic to antagonistic, impacting host immune response and health both positively and negatively. The culture-independent analysis reported more than 75 diverse fungal species in a healthy oral cavity than the disease. Candida, Cladosporium, Aureobasidium, and Aspergillus constitute the most abundant, found in 25–75% of subjects with significant variations between individuals. In bacterial-fungal interaction, fungi form a structural skeleton to a diverse spectrum of bacteria in multispecies biofilm with its property to generate filamentous hyphae and its larger cell size despite its
low abundance\textsuperscript{12,83}. Interaction between \textit{C. albicans} and \textit{Streptococcus mutans} or \textit{Streptococcus oralis} to aggravate the severity of dental caries has been studied extensively. Although some researchers suggest that \textit{S. mutans} and \textit{C. albicans} relationship is mediated by glucans produced by functional glucosyl-transferases bound to \textit{C. albicans} surface, it is still unclear whether the bacteria influences virulence or whether the fungus induces changes in bacterial diversity. Moreover, the interaction of \textit{Calbicans} and \textit{Fusobacterium nucelatum} helps to evade the host immune system emphasizing its increased importance in polymicrobial diseases\textsuperscript{76}. Biofilm formed by the mutualistic effect of these cross-kingdom interactions increases microbial carriage and infectivity as well as enhances an extraordinary antimicrobial resistance.

**Bacterial Viral Interaction**

Little is known about the part of the components of viruses as affiliates of the human microbiome. We examined the composition of human oral viral communities in a cluster of relatively periodontally healthy subjects or significant periodontitis to determine whether health status may be associated with differences in viruses\textsuperscript{84}. The viruses inhabiting dental plaque were pointedly different based on the oral health status, while those present in saliva were not. Dental plaque viruses in periodontitis were foreseen to be suggestively more likely to kill their bacterial hosts than those found in healthy mouths. Because oral diseases such as periodontitis have been exposed to have transformed bacterial communities, we believe that viruses and their role as drivers of ecosystem diversity are significant contributors to the human oral microbiome in health and disease states. In addition to investigating presence and abundance, community sequencing data helps identify potentially interacting species through co-occurrence or co-exclusion data. By analyzing the oral mycobiome of HIV patients, an antagonistic relationship between two fungal species based on their anti-correlation were ascertained\textsuperscript{85}. This type of data can offer hypotheses for further physiological testing of potential interactions between organisms. By concurrently sequencing the bacterial, fungal, and viral communities, novel inter-kingdom interactions can be identified. Bacteriophages are significant drivers of bacterial diversity in various ecosystems\textsuperscript{86,87} and most of the viruses identified in saliva and dental plaque were phage. Lysogenic oral viruses live in dynamic equilibrium with their cellular hosts and, as a consequence, are highly persistent members of the human oral microbiome. In the development of periodontal disease, the surfaces of the gums and bones pull away from the teeth, forming pockets that are generally inhabited by different bacteria. While the profound differences in the subgingival plaque virome in subjects with periodontal disease may also have other biological implications. The lytic phage in the subgingival crevice probably helps shape the local microbiota and contribute to the local microbial community structure and change local biodiversity\textsuperscript{86}.

**Bacteria CPR Interaction**

High-throughput sequencing technology frequently detects the three human-associated CPR phyla, \textit{Gracilibacteria} (GN02), \textit{Absconditabacteria} (SR1) and \textit{Saccharibacteria} (TM7), in multiple body sites, including the oral cavity\textsuperscript{8,16}. Among the three, TM7 is prevalent in the oral cavity and other mucosal diseases like vaginosis, halitosis, inflammatory bowel disease, and periodontitis\textsuperscript{89}. TM7 employs an epiparasitic interaction with the host bacteria in-search of the essential amino acid\textsuperscript{89}(Fig:2). This epiparasitic interspecies interaction would have a notable impact on microecology due to direct reciprocal effects on physiology and pathogenicity, thereby indirectly influencing the overall structural and functional complexity of oral microbiota and disease\textsuperscript{90}. Further investigations using genomics, transcriptomics and metabolomics interactions will give a better insight into this intriguing relationship and its clinical impact on CPR organisms.

**Conclusion**

This review precises the progression of metagenomics study in understanding the complex microbial community inhabiting the oral cavity, how the interspecies and interkingdom interactions lead to ecological shift causing diseases remain understudied. Several recent reports started to explore the interspecies interactions, their co-occurrence and mutual exclusion of several bacteria in the oral cavity, while \textit{Candida albicans} and TM7 were the only phyla explored for fungi and CPR species, respectively. A comprehensive understanding of other fungi and CPR phyla and their interaction with bacteria along with the host system will shed light on the etiology of microbes within the oral cavity. In summary, this review provides a holistic view of how microbial persistence leads to the recurrence of oral disease.

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**Conflict of Interests**

The authors declare no competing interests.
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