



# Intestinal bacterial biofilms modulate mucosal immune responses

Melissa Ellermann<sup>1</sup> and R. Balfour Sartor<sup>2,3,4\*</sup>

<sup>1</sup>Department of Microbiology, University of Texas Southwestern Medical Center, Dallas, TX, USA.

<sup>2</sup>Departments of Medicine, University of North Carolina, Chapel Hill, NC, USA.

<sup>3</sup>Microbiology and Immunology, University of North Carolina, Chapel Hill, NC, USA.

<sup>4</sup>Center for Gastrointestinal Biology and Disease, University of North Carolina, Chapel Hill, NC, USA.

## Article Info

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### \*Correspondence:

Dr. R. Balfour Sartor, Room 7309A Biomolecular Building,

CB# 7032, Chapel Hill, NC 27599-7032, USA;

Telephone: (919) 966-0149;

Fax: (919) 843-6899, E-mail: rbs@med.unc.edu

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## ABSTRACT

Host-associated microbial communities modulate numerous aspects of host physiology at the epithelial interface within mucosal environments. Perturbations to this symbiotic relationship between host and microbiota has been linked to numerous microbial-driven pathological states, including Crohn's disease (CD). This is in part driven by the outgrowth of aggressive resident bacterial strains such as adherent and invasive *Escherichia coli* (AIEC) and changes in bacterial physiology and function that promote enhanced mucosal association of pathobionts and aberrant stimulation of mucosal immunity. Endogenous bacteria from host-associated microbial communities can adopt a sessile lifestyle and form multicellular structures known as biofilms that are generated through the expression of extracellular adhesion factors that include curli amyloid fibrils, cellulose and type 1 pili. In addition to enabling bacterial attachment to mucosal surfaces, biofilm components also stimulate immune responses and can therefore instigate or perpetuate microbial-driven inflammatory diseases such as CD. These host-bacterial interactions provide pharmacological targets that can potentially be exploited to limit mucosal adherence of aggressive enteric bacteria, inappropriate stimulation of inflammatory immune responses and consequent development of chronic intestinal inflammation.

Host-associated microbial communities, termed microbiota, have been implicated in the pathogenesis of Crohn's disease (CD)<sup>1</sup>. Community-wide profiling of the intestinal microbiota in humans and in rodent models have correlated characteristic compositional and functional changes to the microbiota with various pathological states. In addition to decreased bacterial diversity, one common feature of the disease-associated microbiota in CD is the outgrowth of more aggressive members of intestinal bacteria, known as pathobionts that instigate or perpetuate effector immune responses in susceptible hosts. Gnotobiotics, in conjunction with microbial and mouse genetic tools, have further enabled the identification of specific functional host-microbial interactions that play a causative role in initiating or perpetuating the development of intestinal inflammation and may serve as promising therapeutic targets for mitigating inflammation in CD.

The GI tract is home to a complex collection of distinct microbial communities that are subject to modulation by biogeographical factors. Intestinal microbiota are physically separated from the underlying mucosal immune system by the mucosal barrier that is composed of a single layer of epithelial cells, a thick layer

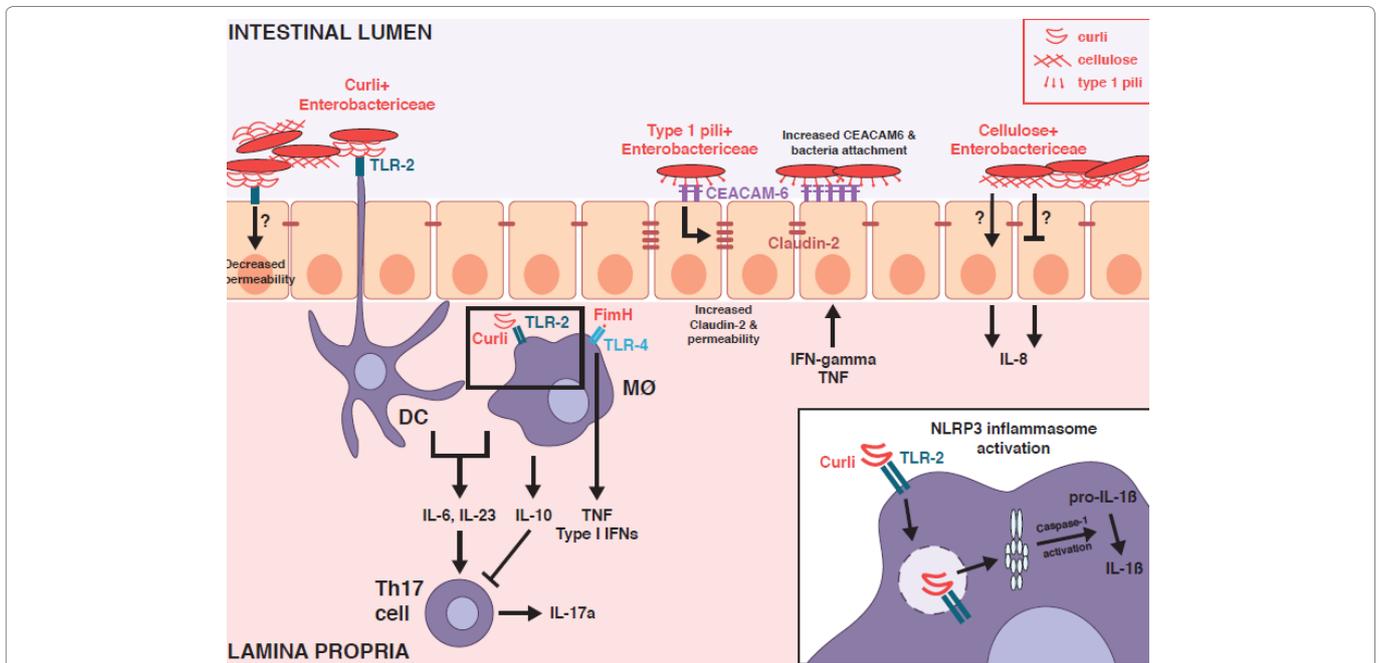
of mucus and host secretions including antimicrobial peptides and soluble IgA antibodies recognizing luminal microbial antigens. Proximity to the mucus layer is one biogeographical factor that compositionally and functionally shapes microbial communities. Indeed, the composition and transcriptional profiles of the luminal and mucosal microbiota are distinct<sup>2,3</sup>. In the non-inflamed intestinal environment, resident bacteria form biofilm-like structures within the outer mucus layer that are comprised of bacterial aggregates encased within extracellular matrix components<sup>2</sup>. In disease states such as inflammatory bowel diseases (IBD) or colorectal cancer (CRC), these mucus-associated bacterial aggregates can penetrate the inner mucus layer and adhere to the epithelial interface<sup>4,5</sup>, thus enabling more direct stimulation of epithelial and immune cells. This close proximity provides the opportunity for components of in vivo biofilms within the GI tract to modulate mucosal immunity.

The spatial organization of bacterial biofilms and the environmental cues that stimulate biofilm formation has largely been studied in vitro with monocultures on abiotic substrates. As a result, in vivo biofilm formation and function, particularly in the GI tract, are not well understood. Nonetheless, in vitro models have been instrumental in defining the bacterial-derived components that constitute biofilms. Recent work has also demonstrated the immunogenicity of various extracellular matrix (ECM)

components present within bacterial biofilms and ECM modulation of in vivo bacterial fitness, localization and interactions with the host.

### Enterobacteriaceae

In CD, the mucus-associated microbiota undergoes profound compositional alterations (dysbiosis) that is in part characterized by decreased bacterial diversity that includes expansion of Enterobacteriaceae, including CD-associated *Escherichia coli* known as adherent and invasive *E. coli* (AIEC)<sup>6,7,8</sup>. AIEC are functionally characterized by their ability to invade epithelial cells, survive and replicate within epithelial cells and macrophages and induce colitis and bacterial-specific T cell responses in murine models of chronic intestinal inflammation<sup>9,10,11,12,13</sup>. AIEC also form robust biofilms and express components often present within Enterobacteriaceae biofilms, including curli, cellulose, type 1 pili, flagellin and extracellular DNA<sup>9,14,15,16,17,18</sup>. These biofilm components have been implicated in modulating the inflammatory potential of AIEC and other resident and pathogenic members of the Enterobacteriaceae family in the contexts of infectious and pathobiont-driven colitis. This review summarizes the mechanisms by which three ECM components, curli fibrils, cellulose and type 1 pili, interact with the mucosal immune system to drive or exacerbate the pathogenesis of microbial-driven inflammatory diseases such as CD, with a specific focus on Enterobacteriaceae (Figure 1). The



**Figure 1. Mucosal immune stimulation by Enterobacteriaceae biofilm components.**

Curli fibrils, type 1 pili and cellulose - common extracellular matrix components present within Enterobacteriaceae biofilms - stimulate mucosal immune responses and modulate epithelial barrier function through engagement with Toll-like receptors (TLRs), NOD-like receptors (NLRs) and carcinoembryonic antigen-related cell adhesion molecules (CEACAMs). This provides putative mechanisms by which biofilm components can impact colitis activity in the inflamed intestinal environment within susceptible hosts.

modulation of mucosal immunity by flagellin and bacterial DNA (inflammasome activation) in the context of IBD has been reviewed elsewhere<sup>19 20 21</sup>.

### Curli fibrils

Amyloid fibrils are synthesized within biofilms formed by various bacterial phyla present within the intestinal microbiota including Bacteroidetes, Firmicutes and Proteobacteria<sup>22 23</sup>. Curli are the most well studied bacterial amyloid and are produced by Enterobacteriaceae including resident intestinal *E. coli* and invading enteric pathogens such as *Salmonella*<sup>24 25</sup>. Early evidence demonstrating the immunogenicity of curli was reported in one study where anti-curli antibodies were recovered from sepsis patients with blood cultures positive for curli-expressing *E. coli*<sup>26</sup>. More recent work has demonstrated that curli is also recognized by the innate immune system. Curli serves as a ligand for the Toll-like receptor (TLR) heterodimer TLR1/2 and stimulates immune responses in variety of cell types<sup>27</sup>. Curli also activates the NOD-like receptor protein 3 (NLRP3) inflammasome and induces caspase-1 activation and maturation of pro-interleukin-(IL)-1 $\beta$ <sup>28</sup>. Additionally, human amyloids promote the development of neurodegenerative diseases such as Alzheimer's and serve as danger associated molecular patterns (DAMPs) that interact with TLRs expressed by microglia<sup>29</sup>. These findings introduce the possibility that amyloids synthesized by other bacterial members of the microbiota may also modulate immune responses and host-microbial interactions at mucosal interfaces and thus warrants further investigation.

While the contribution of curli to the inflammatory potential of AIEC has not been directly investigated, infectious colitis models demonstrate the importance of curli as a modulator of epithelial barrier function and mucosal immunity in the intestines. One study showed that infection with curli-expressing *Salmonella* enhanced T-helper-(Th)-17 immune responses in a TLR-2 dependent manner while not impacting luminal pathogen fitness<sup>30</sup>. Ex vivo studies further demonstrated that dendritic cells (DC) were specifically responsive to purified curli fibrils<sup>30</sup>, suggesting that DC sampling of curli may promote a tissue microenvironment conducive to Th17 activation. Curli directly reinforces epithelial barrier function through TLR-2 signaling by reducing epithelial permeability and bacterial translocation and enhancing epithelial secretion of IL-8<sup>31</sup>. Finally, oral administration of purified curli confers protection against chemically-induced colitis by stimulating mucosal expression of the anti-inflammatory cytokine IL-10 through a TLR-2 dependent mechanism<sup>32</sup>. Taken together, these studies collectively demonstrate that curli serves as a protective bacterial factor that limits infectious and chemically-induced colitis.

The effects of curli on immune activation are context dependent. In contrast to the effects of oral administration

of purified curli, intraperitoneal injection of curli had no effect on splenic IL-10 expression and instead enhanced splenic interferon gamma (IFN- $\gamma$ ) production<sup>32</sup>. Within *Salmonella* biofilms, curli forms tight complexes with extracellular DNA; these complexes synergistically activate type I IFN responses in innate immune cells<sup>33 34</sup>. Intraperitoneal administration of either purified curli-DNA complexes or curli-expressing *Salmonella* or resident *E. coli* promoted expression of type I IFNs and production of autoreactive antibodies against dsDNA and chromatin in systemic lupus erythematosus-(SLE)-resistant wild type and SLE-susceptible mice<sup>33</sup>. The curli-DNA complex is endocytosed by innate immune cells through interactions with TLR-2, which subsequently enables TLR-9 stimulation by curli-bound DNA within the endosome<sup>34</sup>. This in turn stimulates the production of type I IFNs that correspond with enhanced autoimmunity<sup>34</sup>. Given the contrasting effects of curli in different animal models, it will be interesting to investigate whether curli produced by resident bacteria modulates mucosal immunity in a protective or pathological manner in chronic colitis models and in IBD.

### Bacterial cellulose

Cellulose is an exopolysaccharide and biofilm ECM component produced by numerous bacterial taxa including Enterobacteriaceae<sup>35</sup>. Demonstrating direct evidence of bacterial cellulose production within in vivo environments such as the GI tract has been challenging because bacterial cellulose production is post-transcriptionally regulated<sup>35</sup>. Therefore, in contrast to other biofilm components, correlating the expression of cellulose biosynthetic genes and cellulose biosynthesis is not a meaningful indicator of ongoing cellulose production. An added complication for detecting enteric bacteria cellulose in vivo is that it is chemically indistinguishable from dietary plant cellulose. Thus, most studies to date have relied on generating cellulose-deficient bacterial mutants to define the contribution of cellulose production to bacterial fitness and interactions with the host. Interestingly, cellulose production at the physiological temperature of 37°C is more common in fecal than uropathogenic *E. coli* isolates<sup>25</sup>. Moreover, environmental stimuli present in the intestines, such as iron availability, peroxide stress and IgA monoclonal antibodies, stimulate in vitro cellulose production by *Salmonella* and *E. coli*<sup>36 37 16</sup>. Cellulose biosynthesis by phagolysosomal *Salmonella* has also been demonstrated in macrophages in vitro<sup>38</sup>. In aggregate, these findings provide compelling evidence that resident intestinal *E. coli* and invading enteric pathogens synthesize cellulose within the intestinal environment.

Direct stimulation of immune responses by bacterial cellulose has not been demonstrated. However, bacterial genetic studies provide evidence that bacterial cellulose

production modulates host-microbial interactions and disease induction in AIEC-driven colitis. Abrogation of cellulose production in the intestinal probiotic *E. coli* strain Nissle reduces *in vitro* epithelial adherence and induction of IL-8, possibly suggesting that cellulose may be required to induce maximal invasion and consequent inflammatory responses<sup>39</sup>. In contrast, in a different fecal *E. coli* isolate, cellulose counteracts curli-mediated enhancement of epithelial adhesion and IL-8 induction<sup>40</sup>. Cellulose-mediated modulation of macrophage inflammatory responses also varies with the same AIEC strain and is dependent on iron availability<sup>16</sup>. In the intestinal environment, cellulose production accelerated colitis induction by AIEC in inflammation-susceptible, mono-colonized *Il10*<sup>-/-</sup> mice, corresponded with enhanced luminal fitness and augmented pathological Th17 mucosal immunity<sup>16</sup>. However, the precise mechanisms by which AIEC cellulose production enhances colitis induction in *Il10*<sup>-/-</sup> mice remain to be elucidated. Collectively, these findings support a model where cellulose likely modulates host immunity through an indirect mechanism that is characterized by cellulose fibers masking other immunogenic components expressed on the bacterial cell surface.

### Type 1 pili

Type 1 pili are extracellular appendages often expressed by biofilm-associated Enterobacteriaceae that mediate bacterial attachment to host cells and contribute to biofilm formation<sup>41-45</sup>. Type 1 pili are comprised of FimA protein subunits that form the pilus and the FimH adhesin localized at the end of each pilus that binds mannose residues on receptors expressed by host cells<sup>41</sup>. In addition to enabling direct bacterial interactions with host cells, FimH stimulates innate immune responses including inflammatory cytokine secretion and neutrophil transepithelial migration through its interactions with TLR-4<sup>42-43</sup>.

Type 1 pili are an established microbiota-derived factor that enhances bacterial fitness and exacerbates inflammation in AIEC-driven models of colitis. Carcinoembryonic antigen-related cell adhesion molecule 6 (CEACAM6) serves as a receptor for type 1 pili and is expressed on the apical side of intestinal epithelial cells<sup>44</sup>. Inflammatory stimuli augment expression of CEACAM6<sup>44</sup>, thus promoting the establishment of a tissue microenvironment that favors AIEC epithelial colonization. Indeed, transgenic expression of human CEACAM6 in CEABAC10 mice enables colonic tissue colonization of AIEC in a FimH-dependent manner<sup>45</sup>. In contrast to their wild type counterparts, CEABAC10 mice challenged with AIEC exhibit epithelial barrier dysfunction and develop severe colitis that is attenuated by blockade of CEACAM6 or colonization with a FimH-deficient AIEC mutant<sup>45-46</sup>. The inflamed intestinal environment itself promotes increased AIEC expression of fimH<sup>47</sup>, thus further perpetuating this

dysbiotic host-pathobiont interaction. Targeting FimH with antagonists that inhibit interactions with CEACAM6 reduces intestinal colonization of AIEC and ameliorates colitis induction in CEABAC10 mice<sup>48</sup>. Taken together, these studies demonstrate how specific interactions between bacterial biofilm components and host cells promote the development of intestinal inflammation and can be pharmacologically targeted to limit dysbiotic host-pathobiont interactions and consequent colitis induction.

### Summary and future directions

While the focus of this review is on Enterobacteriaceae, it is important to emphasize that the bacterial biodiversity of the mucus-associated bacterial niche along the intestinal tract is high and comprises members of many additional bacterial taxa and mycobiome species<sup>4-28-549-50</sup>. Accordingly, changes in abundance of bacterial and fungal taxa in addition to Enterobacteriaceae have also been correlated with the pathogenesis of chronic, microbial-driven diseases such as CD and CRC<sup>4-8-549-50</sup>. Indeed, adhesins from other bacteria such as *Fusobacterium nucleatum* modulate epithelial barrier function and mucosal immunity to promote a carcinogenic microenvironment<sup>51-52-53</sup>. Biofilm components also stimulate protective immune responses. For example, ECM components from *Fecalibacterium prausnitzii* biofilms ameliorate the severity of chemically induced colitis<sup>54</sup>. Collectively, these studies demonstrate that biofilm components from diverse bacterial taxa can modulate mucosal immune responses in the GI tract. Understanding the precise interactions between *in vivo* bacterial biofilms and the host could lead to the identification of novel pharmacological targets that can potentially be exploited to limit mucosal adherence of pathobionts, minimize effector immune responses and augment protective mucosal immunity in individuals susceptible for developing microbial-driven inflammatory disorders such as IBD.

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### Conflict of interest

The authors declare no conflict of interest.

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